



Continuing Professional Development Program- Record of Credits

General:

- Members may earn a maximum of:
 - **10 credits** per single activity or event, e.g., conference, seminar, project, publication, independent study activity, Committee membership
 - **20 credits** per type of activity, i.e., A1, A2..., B1, B2 below
- Members must earn a minimum, within those credits listed above, of
 - **10 credits** with content related to ethics and/or jurisprudence
 - **5 credits** with content related to diversity, equity, and inclusion

Eligible Activities and Credits:

Category A: Continuing Professional Development Achieved through Professional Activities (Minimum 10)

A1. **Professional Consultation /Interaction:** 1 hour = 1 credit

Examples:

- Colloquia, attending invited speaker sessions, professional development meetings
- Case conferences
- Grand Rounds
- Journal discussions with professional peers
- Interactive professional list serve participation
- Providing or receiving supervision or peer consultation
- Being Peer Reviewed (either having been required or voluntarily)
- Mentorship or shadowing
- Other similar activities that would lead to impact on your professional practice with clients
- May involve interaction either face to face or mediated by technology
- May be interdisciplinary

A2. **(Preparation for) Teaching:** 10 credits per semester course

Examples:

- Preparing materials for teaching a university or community college course
- May include preparing a practicum course or supervising student research

A3. **(Preparation for) Delivering Workshops, Conferences and Presentations:** 1 hour = 1 credit



Examples:

- Developing materials for workshops, seminars, or other courses
- Other similar activities

A4. **Professional Writing, Reviewing, Editing** 1 hour= 1 credit - Can include professional scientific papers and relevant writing for other media

Examples:

- Professional or scientific paper
- Book, chapter, journal, relevant to psychology
- Professional e- writing, (blogs, website posts)
- Popular media
- Other similar activities, excluding reports and documentation prepared in the course of providing care to clients

A5. **Formal Research:** 1 hour = 1 credit

- Designing, implementing, collecting, and analyzing research data

A6. **College/Association Involvement**

- Serving on College Council or Committee or Psychological Association Board or Committee; Serving as oral examiner or Quality Assurance Committee Peer Reviewer; Participation in College Consultations

A7. **Practice Outcome Monitoring:** 1 hour = 1 credit

- Assessing individual or group client outcomes using questionnaires or other formal outcome measures

A8. **General Attendance at Conferences, Workshops, Seminars and Conventions;** 1/2 day = 1 credit; may be counted as additional credits when participating live in activities eligible for credit in Category B-9, below

- Associated with the educational content acquired at events listed in B1, below

Category B: Continuing Professional Development Achieved through Education (Minimum 10)

B1. **Programs/Courses/Workshops with content relevant to the practice of Psychology** (whether or not Formal CE Credits are provided):
1 hour =1 credit

B2. **Self Directed Learning:** 1 hour=1 credit



Sample Completed Record of Eligible Continuing Professional Development Credits

NAME: Will Lernmore

CYCLE DATES: July 2022-June 2024

Please enter information about the CPD credits you have earned below. If you require additional rows, please place your cursor in the red square at the bottom of the relevant section of the chart and press “tab” (not “enter”) on your keyboard. Please note that this chart does not automatically calculate totals.

Activity	Provider/Resource/Documentation	Date Activity Completed (YY/MM/DD)	Number of Eligible Credits	Ethics/ Jurisprudence Content (Y/N)	Equity, Diversity, Inclusion Content (Y/N)
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MAXIMUM 10 CREDITS PER EVENT, 20 CREDITS PER TYPE OF ACTIVITY

<i>CATEGORY A1: PROFESSIONAL CONSULTATION/INTERACTION</i>					
Case Conference- Polly M	City Hospital -email confirmation attached	22/09/03	3	N	Y
Acted as CPO Peer Reviewer	CPO (Member RM, report dated September 21, 2022	22/08/15	3	Y	Y
Journal Discussion (Article on on-line administration of MNP tool	Screenshot of Zoom confirmation attached	22/10/02	1	N	N
Supervision of JM (Supervised Practice Member)	Email confirmation of appointment attached	22/10/05, 22/10/12, 22/10/19, 22/10/26, 22/11/05, 22/11/12, 22/11/19, 22/11/26, 22/12/08, 23/01/05+	10+	Y	N



Provided Mentorship to Dr. LM	Confirmation of email appointment	23/02/01	1	N	N	
Presented case (UK) at Grand Rounds	Northern Province Consultation Group- email confirmation of event attached	23/02/20	2	N	Y	

CATEGORY A2: PREPARATION FOR TEACHING

Revision of Psychodiagnostics Course	Rural University of Ontario	2022/08/15	8	Y	Y	
Development of new seminar course: Advanced Seminar in Managing Countertransference when working with perpetrators of domestic violence	Rural University of Ontario	2022/11/15	2+	Y	Y	

CATEGORY A3: PREPARATION FOR DELIVERING WORKSHOPS, CONFERENCES AND PRESENTATIONS

Poster Presentation- Correlates of premature termination of therapy	Provincial Association of Mental Health Service Providers- Agenda attached	2023/03/10	7	N	Y	
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CATEGORY A4: PROFESSIONAL WRITING, REVIEWING, AND EDITING

Article: Overcoming Challenges of Service Delivery via Technology	Provincial Association of Mental Health Service Providers-March, 2023 edition (www.abcdefg)	2023/02/10	5	Y	Y	
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CATEGORY A5: FORMAL RESEARCH



<i>CATEGORY A6: COLLEGE/ASSOCIATION INVOLVEMENT</i>					

<i>CATEGORY A7: PRACTICE OUTCOME MONITORING</i>					

<i>CATEGORY A8: GENERAL ATTENDANCE AT CONFERENCES, WORKSHOPS, SEMINARS AND CONVENTIONS</i>					
Attendance at Provincial Professional Association Annual Conference -various sessions	Certificate of Attendance attached	2022/10/11-12	4	Y	Y

CATEGORY A TOTAL (Minimum 10):	52
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<i>CATEGORY B1: PROGRAMS/COURSES/WORKSHOPS -WHETHER OR NOT FORMAL CE CREDITS ARE PROVIDED</i>					
Attendance at Provincial Professional Association Annual Conference -various sessions	Certificate of Attendance and syllabus attached	2022/10/11-12	10+	Y	Y



<i>CATEGORY B2: SELF DIRECTED LEARNING (MAXIMUM 10 CREDITS PER EVENT, 20 CREDITS PER TYPE OF ACTIVITY)</i>					
Read Manual for 3rd version of KPM test for XIL	KPM Test Manual, published by PWG, 2022	2023/03/17	3	N	Y

CATEGORY B TOTAL (MINIMUM 10):	13
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SUMMARY OF CREDITS

CATEGORY A TOTAL (MINIMUM 10):	52
CATEGORY B TOTAL (MINIMUM 10):	13
TOTAL OF CATEGORIES A + B (MINIMUM 50):	69
TOTAL OF CREDITS RELATED TO ETHICS/ JURISPRUDENCE (MINIMUM 10):	42
TOTAL OF CREDITS RELATED TO EQUITY, DIVERSITY, AND INCLUSION (MINIMUM 5):	47